

Our Archery sessions offer the chance for every pupil to experience success. Accuracy, control and a steady hand are vital for achieving the best results and many children discover a talent for a new skill. Handling bows and arrows may be a brand new experience for your group and presents a variety of new challenges! We encourage safety awareness from the outset and teach the basic skills on an indoor or outdoor range.

## The aims of this activity are to...

- Recognise the hazards, assess the risk and understand how this risk will be controlled.
- Consolidate and improve the quality and consistency of their techniques.
- Evaluate abilities and to explain what needs improving in their own and others' techniques.
- Improve the way they control and co-ordinate their bodies with the equipment they will use.
- Recognise good quality in performance.
- Identify the underlying principles of skills and terms used in archery.

## Learning Outcomes...

Upon completion of the activity, participants will have:

- Demonstrated the ability to listen to, understand and act on instructions received.
- Understood the rules of the game and why they need to be followed.
- Developed an understanding of associated hazards.
- Supporting their peers throughout the activity and recognised their achievements.
- Contributed to a post-activity review identifying what they did well and suggesting ways to improve.

## Progression...

Some participants may also:

- Demonstrated the ability to listen to, understand and act on instructions received.
- Understood the rules of the game and why they need to be followed.
- Developed an understanding of associated hazards.
- Supporting their peers throughout the activity and recognised their achievements.
- Contributed to a post-activity review identifying what they did well and suggesting ways to improve.